

May 13, 2026 – God’s Promises for Your Every Need

Theme – What To Do When You Are Experiencing Fear

Fear – a distressing emotion aroused by impending danger, evil, pain, etc., whether the threat is real or imagined; the feeling or condition of being afraid.

Whenever I am afraid, I will trust in You.⁴ In God (I will praise His word), In God I have put my trust; I will not fear. What can flesh do to me?

Psalm 56:3-4

I sought the Lord, and He heard me, And delivered me from all my fears.

Psalm 34:4

1. When you have experienced real fear have you been able to use the moment for trusting the Lord or was it a “I guess I should have trusted the Lord” lesson?
2. Do you find that you have rented space to fears that never came true? How has the Lord sustained you in your times of real fear?
3. Read today’s verses on **What To Do When You Are Experiencing Fear** on pages 114-117.
4. What stands out in today’s set of Scriptures regarding dealing with fear?
5. 1 Corinthians 2:1-5 is a powerful description of the Apostle Paul’s experience with fear as he came to bring Christ to Corinth. How did he deal with his weakness and fear?